

Ati Annang Foundation COVID-19 Announcement:

In view of the recent state of events surrounding the COVID-19 pandemic, and our concern for the health and welfare of all our members, their families, and the community at large, we STRONGLY SUPPORT the following WHO recommendations:



DO THE FIVE

Help stop coronavirus

- 1 **HANDS** Wash them often
- 2 **ELBOW** Cough into it
- 3 **FACE** Don't touch it
- 4 **SPACE** Keep safe distance
- 5 **HOME** Stay if you can

- **There is currently no vaccine to prevent coronavirus disease (COVID-19)**
- You can protect yourself and help prevent spreading the virus to others if you do the following:
 - **Wash your hands** regularly for 20 seconds, with soap and water or alcohol-based hand rub
 - **Cover your nose and mouth** with a disposable tissue or flexed elbow when you cough or sneeze
 - **Do not touch** your eyes, nose, or mouth if your hands are not clean
 - **Avoid close contact** (1 meter or 3 feet) with people who are unwell
 - **Stay home and self-isolate** from others in the household if you feel unwell

For informational purposes only. Consult your local medical authority for advice.

Akwa Ibom State COVID-19 Helplines: 0818-941-1111; 0904-557-5515; 0703-521-1919

Visit the following website for more information:

[who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public](https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public)